Grossmont Gardens



Grossmont Gardens Memory Care 4960 Mills St. La Mesa, Ca. 91942 Phone: 619.644.1100

Meet Our Team

Suzette Johnson

Executive Director

Natalie Carlborg

Human Resource Director

Alice Tran

Assessment Nurse / Hospital Liasion

Francis Medina

Activities Director

Denise Rougeau-Brunson

Food Service Director

Lima Taiti

Resident Care Coordinator

Monique Castro-Compton

Administrative Assistant

Marsha Terrell

Maintenance Director

Resident Spotlight: Thomas and Gail Moore



Tom and Gail met at a party in San Mateo in 1954, and as Tom tells it, he saw Gail across the room and said, "I'm going to marry that girl!". They were married the following year, and they celebrated their 69th anniversary in February.

Gail (nee Gamble) was born in Oakland and grew up in the small Bay Area town of Suisun, of which her father was Mayor for a decade and a half! Her mother immigrated from Milan in the early 20th century, with her large Italian family settling in a seaside town on the San Francisco Bay. After graduating from Dominican College in San Rafael, Gail became a Grammar School teacher in San Mateo, where she met Tom.

An only child, Gail always dreamed of having a big family of her own one day. She got her wish, and while always a Mom first and foremost, she was integral in building their family business from the ground up, all the while managing her household of 7 with seeming effortlessness.

Tom was born in Canal Zone, Panama, to a Panamanian Mother and an American father, a Merchant Marine working at the Canal. Tom was raised between Panama and Costa Rica, and after finishing school at 17, moved to San Francisco to live with his dad. A native Spanish-speaker, Tom worked in a gas station in order to learn to speak English, and then joined the Army and

was stationed in Germany for 2 years during the Korean War. Upon returning, he took advantage of the GI Bill to study Mechanical Engineering at San Jose State, and subsequently began his career in what would become Silicon Valley. In 1969, he moved his family from Sunnyvale to San Diego to open a semiconductor plant in Tijuana for Union Carbide, and never looked

back. In the mid-70's, Tom started his own Electronics Manufacturing company, eventually expanding to 3 cities with over 1100 employees and focusing primarily in US Department of Defense contracts.

Tom and Gail raised their 5 children – 2 boys and 3 girls – in the same house they bought in nearby Del Cerro in 1969, and today their family has grown to include 7 grandchildren and 13 great-grandchildren, ranging in age from 1 year old to 50. With the exception of just a few, everyone in the family lives nearby.

Cinco De Mayo











Mother's Day Luncheon







Special Events

6/9 – Gospel Music w/
Steve and Diane 2pm
6/11 – Birthday
Celebration w/
Musicstation 2pm
6/12 – Resident Council
Meeting 10am
6/13 – Father's Day
Dinner
w/entertainment
6/19 – Arts For All Ages
10am
6/27 – Senior Night 4pm



"Behind all your stories is always your mother's story, because hers is where yours begin."

Memorial Day BBQ







June Birthdays

Barbara R. - 6/1
Donald S. - 6/10
Arlene B. - 6/13
Brigitte K. - 6/20
Zoila A. - 6/27
Paola C. 6/29

You're not one year older, you're one year better!

Happy Birthday y'all!!!

