

April 2025

# Grossmont Gardens

Grossmont Gardens Memory Care 4960 Mills St. La Mesa, Ca. 91942 Phone: 619.644.1100



## Meet Our Team

**Natalie Carlborg**

*Executive Director*

**Francis Medina**

*Activities Director*

**Denise Rougeau-Brunson**

*Food Service Director*

**Lima Taiti**

*Resident Care Coordinator*

**Gemma Espinoza**

*Marketing Director*

**Ana Navarro**

*Community Liaison / ALW  
Coordinator*

**Marsha Terrell**

*Maintenance Director*

**Uma Stockhausen**

*Receptionist*

## Resident Spotlight Lida Wolfe



Lida was born in Winston County Alabama in 1930 to Henry and Docia Chambers. She was the middle child of seven children, four boys and three girls. Her father was a carpenter who built bridges in Alabama and Mississippi. Lida's mother passed away during WWII when Lida was only thirteen years old. At that time, she took on the role of caring for her two younger brothers and a younger sister. A role she held for many years.

In 1949, she married Joseph "Joe" Wolfe and four years later, the two had a son, Royce. Shortly after his birth, the family along with two of her siblings, were lured to move to San Diego by one of her older brothers who had decided to stay in San Diego after serving in the US Navy. Five years after moving to San Diego, their daughter, Sandi, was born.

Joe and Lida divorced in 1964 and she then became a single parent of two. She single-handedly raised and supported her son and daughter by waitressing at a few local mom-and-pop owned restaurants until she landed at one of the oldest and best Italian Restaurants in San Diego where she worked for 30 years. Many of her regular customers at the restaurant also became her friends.

At age 75, she decided to retire from waitressing. In retirement, she liked to attend senior workout classes and meet friends at the San Diego Joan Kroc Center. At age 90, she decided not to renew her driver's license, sell her car and quit driving. Lida lived independently until age 92. In addition to her son and daughter, Lida has six grandchildren and three great-grandchildren.



## Mardi Gras 2025





## St. Patrick's Day 2025



Mr. & Mrs. Klamberg, Natalie & the Hotelling Family



Natalie & The Moore Family



Mr. & Mrs. Richmond



Victoria & Family

## Upcoming Events

- 4/2 – National PB&J Day
- 4/3 – Lunch Bunch 11:30am  
(National Burrito Day)
- 4/3 – National Chocolate Mousse Day
- 4/5 – National Pizza Day
- 4/7 – National Coffee Cake Day
- 4/8 – Birthday Celebration  
w/ Musicstation 2pm
- 4/15 – Purple Day
- 4/16 – Arts for All Ages 10am
- 4/17 – Chef's Centenarian  
Elite Luncheon 11:30am
- 4/20 – Easter Sunday  
Luncheon 12pm
- 4/20 – National Cheddar Fries Day
- 4/23 – National Cherry Cheesecake Day
- 4/28 – National Blueberry Pie Day
- 4/29 – Lunch Bunch 11:30am
- 4/30 – National Oatmeal Cookie Day



Natalie & Brigitte



Jose & Dory





Nunu & Kenny



The Centenarians



Nancy & Donna



The Garden Club

## April Birthdays

Manuel S. – 4/2

Victor B. – 4/5

Gunter T. - 4/9

Trang N. – 4/23

On your special day,  
we wish you all a  
lifetime full of  
laughter, love, and  
endless cuddles.



Doug & Maria (top)

Blowing bubbles w/ Celine & Dimitri (bottom)

